

# 2023

# CASS JUNIOR HIGH

# TRACK & FIELD

- ★ Season starting Thursday, March 23rd
- ★ Practices are 3:30-5:00
- ★ First Practice: Meet in Multi-purpose Room
- ★ Must have current sports physical on file
- ★ Questions? Contact:
  - Mr. Etherington ([metherington@cassd63.org](mailto:metherington@cassd63.org))
  - Mr. Kondraschow ([skondraschow@cassd63.org](mailto:skondraschow@cassd63.org))
  - Ms. Trezzo ([dtrezzo@cassd63.org](mailto:dtrezzo@cassd63.org))

